A FOUNDATION FOR AGING IN PLACE

Many people want to age in place at home rather than in a nursing home. Unfortunately, with advanced age comes illness and disabilities that are non-medical in nature, nevertheless limiting. For older adults who struggle with the most basic activities of daily living, but don't need medical care, Expanded In Home Services for the Elderly Program (EISEP) may be able to help. EISEP was established in 1987 to address the needs of individuals 60+ who are not eligible to receive support from Medicaid and other programs. As with other NYS Office for Aging programs, EISEP provides services that allow older New Yorkers the opportunity to age in place with dignity and respect.

THE MISSION OF THE CORTLAND COUNTY OFFICE FOR AGING

The mission of the OFA is to advocate, plan, develop and provide a coordinated system of programs and services on behalf of all aging citizens of Cortland County so that they may live with maximum independence and dignity.

For More Information Call:

Cortland County
Office for Aging
(607)753-5060

Email:
cccofa@cortlandcountyny.gov

Website:
www.cortlandcountyny.gov/434/Office-for-Aging

The Cortland County Office for Aging is sponsored by the Cortland County Legislature in conjunction with the New York State Office for the Aging under Title III of the Older Americans Act of 2020, as amended.

CORTLAND COUNTY
OFFICE FOR AGING

EISEP

EXPANDED IN-HOME SERVICES FOR THE ELDERLY PROGRAM

Helping you or your loved one to remain at home safely



The purpose of the EISEP program is to provide services within a person's home to assist them to remain safely in their own environment as long as possible and eliminate the need for premature placement within a long term care facility.

SERVICES PROVIDED

- Case Management is an essential part of the EISEP program. Case Managers not only assist clients, but also their families. Case Management includes:
- In-home assessments
- Care plan development
- Arrangement of services
- Information and referral
- Client monitoring and follow up.

EXPANDED IN-HOME SERVICES FOR THE ELDERLY PROGRAM

NON-MEDICAL IN-HOME SERVICES

Personal care aides to provide assistance with activities of daily living such as: bathing, grooming, dressing, light housekeeping, laundry, and meal preparation.

RESPITE

Many seniors are cared for at home by informal caregivers, family, and friends. EISEP supports these individuals by complementing the care they provide and giving them relief from caregiving.

ANCILLARY SERVICES

Personal Emergency Response System (PERS) can provide relief and safety for clients that live alone and have been identified as "at risk" of falling.

EISEP ELIGIBILITY

· At least 60 years old.

· Functionally impaired in at least one Activity of Daily Living: dressing, bathing, personal care or two Instrumental Activities of Daily Living: housekeeping, laundry, preparing meals.

· Ineligible for same or similar services under other public programs.

· Able to be maintained safely at home.

· Have one or more caregiver.

